

City Of Torrington

Torrington Parks and Recreation
153 South Main Street
Torrington, CT 06790



Tel: (860) 489-2274
Fax: (860) 489-2588
www.torringtonct.org

Torrington Parks and Recreation to Offer Babysitting Classes

FOR IMMEDIATE RELEASE

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Media Contact: J. Brett Simmons, Superintendent of Parks and Recreation
Torrington Parks and Recreation Department
brett_simmons@torringtonct.org, 860-489-2274

Torrington Parks and Recreation Department is holding two Babysitting classes in November.

Babysitting 101 will take place on November 21, 2015 from 9:00 AM to 1:00 PM. This class is for future babysitters, ages 10-15 and will be held at the Torrington Armory. This class is instructed by Life Safe Services and will enable 10-15 year olds to safely watch over babies and younger children. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics include hand washing, diapering, bottle feeding, personal safety, interview skills and many more topics.

The Torrington Parks and Recreation Department will also be holding a Babysitting 102 Class on November 21, 2015 from 1:30-4:30 PM. This course is for youth's 12 to 16+ years of age with a sincere interest in advanced concepts and skills of First Aid including CPR certification. Building on the entry level skills from Babysitter 101, objectives for this scenario based, expanded course includes additional First Aid concept, Adult/Child and Infant CPR. Requires written and skills testing to receive 2 year certification. Student receives book, handouts and Rescue Shield breathing device.

There is a minimum of 10 participants required to run each class and a maximum of 16 will be accepted. The fee for each class is \$60.00. Register in advance at the Parks and Recreation Department located at 153 South Main Street.